



Report of 3-day Training of Trainers (ToTs)
organized by
School of Vocational Studies
Netaji Subhas Open University

Venue: NSOU Headquarters, Salt Lake, Kolkata

Date: 19-21 September 2023

Participants: Trainers/ Academic Counsellors from LSCs (78 in number)

Background:

Train the trainer refers to upgrading existing knowledge and honing the skills of individuals who further train people. Learning is a continuous process. There is always a scope for improvement. It is necessary for the trainers to keep themselves abreast with the changes or latest developments in their respective domains. Trainers need to keep pace with the ever-changing society and advent of technology and thus it is crucial for them to sit and incorporate necessary changes in their training style or course module under the expert guidance of an individual. Training the trainers is important as it helps them impart their respective training more efficiently and effectively. It actually gives them an opportunity to work on their skills and core competencies and come out with something more exciting, innovative and unique, eventually benefitting the students. It is essential for us to understand the purpose of training programs.

In this background, the School of Vocational Studies (SVS) of the University organized 3-day Training of Trainers for three vocational programmes namely Tailoring and Dress Designing, Knitting, Pre-primary Teachers Education-Montessori and Yoga Education. A total of 78 participants attended the ToTs.



1st Day:

The trainers of Tailoring & Dress Designing and Knitting were invited to attend the TOTs on 1st day. 29 trainers from across the state of West Bengal (9-LSCs) attended the programme. The Director, SVS welcomed all the participants and explained the importance of this programme. He also mentioned that prior to the pandemic, such training programmes were organized as the capacity building programme every year. He also stressed upon the standardization of teaching-learning at all study centres across the state. The Resource Person of the day, Dr. Sankar Roy Maulik, Associate Professor, Silpa Sadana, Visva Bharati took over the session. In his deliberations, Dr. Maulik elaborated that apparel designing is an indispensable interdisciplinary discipline, and textiles are the basic entities. Fashion and

textiles are complementary to each other. A designer constantly looks for new inspirations because fashion continually changes and reinterprets itself. Proper creation of fabric surfaces is essential to produce innovative apparel. Dyeing and printing are processes employed in the conversion of raw fibres into finished goods that add value to textiles and can be further converted to garments. The main focus of this interactive session is to streamline the teaching methodology adopted in different centres and also to motivate trainers with new ideas so that they can further percolate these among the students.

Various innovative techniques for dyeing and printing with natural and synthetic dyes were discussed during the session. The use of natural dyes as functional textiles, eco-printing, mud resist etc. was also covered during the presentation.



The event was very interactive where the participant exchanged their views. The programmes of the 1st day ended with the distribution of certificates and vote of thanks proposed by the Director (i/c), SVS.

2nd day:

The trainers of Diploma in Pre-Primary Teachers' Education Montessori were invited on the 2nd day of the TOTs. The Director, SVS welcomed all the participants (26) who came from the different study centres located at different districts of the state of West Bengal. The Resource Person, Dr. Papiya Upadhyay, Asst. Professor in Education, NSOU took the 1st session on theory papers of the course (I, II, & V). She presented the pedagogical considerations in understanding child behaviour and nuances of child development; role of teachers in nurturing the tiny-tots and creating a caring and stress-free learning environment. She also touched upon the transformations brought about by the NEP 2020 and the road ahead.



There were vibrant interactions and sharing of experiences to supplement the focus of the deliberation. Dr. Upadhyay concluded by delivering the various methods and approaches of pedagogy in the pre-primary teacher training. She invited participants to provide inputs in order to braid the strings of theory and practical in teacher preparation programmes. The session marked laudable participation.

In the second session, the practical papers were discussed one by one and the practical papers were well demonstrated by the senior trainers.



The participants actively took part in the deliberations and exchanged their views to improve teaching-learning process. The programmes of the 2nd day ended with the distribution of certificates and a vote of thanks proposed by the Director (i/c), SVS.

3rd Day:

The trainers of Diploma in Yoga and Naturopathy were invited on the 3rd day of the TOTs. The Director, SVS welcomed all the participants (23) who came from the different study centres located in different districts of the state of West Bengal who offer the course in yoga. Shri Anindya Kumar Das and Dr. Subrata Pal acted as the Resource Persons for the day.

The following discussions were held on the points mentioned below and decisions were taken unanimously by all the study centres present in the session which are as follows:-

- It was discussed that after the completion of each module, Internal Assessment will be held on each module by the Study Centres for each individual student.
- The Internal Assessment Examination will carry 30% marks and Term End Examination will carry 70% marks. To provide relief from extra burden on students, it was also discussed that the Term End Examination will have to be completed in the last two months and i.e. definitely by the 12th month.
- The intimation has to be given to the NSOU regarding the Examination Schedule (i.e. Month, Date and Time, including the module name).
- The Term End Examination has to be conducted in offline mode. only



- During Internal Assessment and Term End Examination – Module – I to Module V Examination have to be conducted and Module VI (Project and Viva Voce) to be conducted only during Term End Examination.
- The SLMs of YOGA may be provided by the university against cost.
- The syllabus need to be revised to include the topics like Study of Joints - Arthrology, Prognosis of different diseases etc.

- A suggestion was also received for starting a Certificate Course on Yoga (practical-based) for Faculty in Yoga Training for junior classes from (Class V - Class XII). If it gets approved Anindya Yoga Society can design a course for Beginners and Advance Course (each course duration 1 year).



Conclusion & Recommendations:

The resolution of the 3-day programmes in respect of three programmes (Tailoring & Dress Designing, Pre-Primary Teachers’ Education-Montessori and Yoga education) were as follows:

- Syllabus of the vocational programmes needs revision as per NEP 2020
- The SLMs may be revised according to the revised syllabus
- Orientation/ Training of Trainers may be organized each year preferably at the beginning of the session
- The trainers may give more importance to practical sessions.

Distribution of Certificate:



1st Day



2nd Day



3rd Day